

# Stacy Ferratti



## Arrange a Session

Your first session will last 90 minutes. Subsequent sessions will be one hour. During your first session, I will ask you questions about your life, your health, and your history, as well as do energy work.

Sessions cost \$60

Save \$30 with a 3-session package for \$150, payable in full, up front.

You may pay by cash or check.

I work in person or via Skype/phone.

To make an appointment, call or email:

**+1 (650) 219-9263**

**Skype: stacyf1**

**stacy@stacyferratti.com**

## What is Energy Healing?

Energy Healing works with the subtle energies of the body to help support your best health on a mental, emotional, and physical level. You can use energy healing in conjunction with other modalities, and it will enhance the efficacy of whatever you are doing.

## What is a session like?

If we work in person, you will lay on a massage table, with your clothes on, face up. I will do a light cleansing of your energy field. You will rest and may fall asleep. After a session, clients report they feel relaxed as if they've had a deep nap or a good massage. If we work via the phone, I recommend you sit quietly and comfortably, resting as I work. We will speak sometimes; at others I will be silent as I focus on your body. I'll always check in with you before and after the session to see how you are doing, and I may have some suggestions for self-care after the session.

## Who is Stacy Ferratti?

I am a graduate of the McKay Method School of Energy Healing. I decided to study energy healing because I had had good results as a client of energy healers, including the lifting of what felt like heavy, gray weight off of my chest during a time of grief, and as well, the dissolution of an ovarian cyst, among other things. I completed my graduate project on the development and use of intuition for healing and in general, for having a better life! Because I am a corporate Communications Coach, I am also interested in finding a way to use energy work to alleviate stage fright.

My education includes a B.S. in Mass Communication from Boston University. I have studied and participated with many teachers and organizations over the past 30 years, including: Maria Nemeth, Insight Seminars, Vipassana meditation, and Byron Katie. I take classes in improv, and am interested in neuroscience, especially as it applies to how we can help transform ourselves. I intend to bring my many years of personal growth to assist you in your healing journey, and I wish you good health, great joy, and an extraordinary life!